

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: January 10-17, 2026

Saturday
January 10

JH GBB Open Gym from 10-11:30AM - TBA

JH GBB Extended Practices
@ CB until 4:15PM
Jan 20

Sunday
January 11

SYA Meeting - 6PM - School Cafeteria

Monday
January 12

Breakfast: Waffle Sticks, Sausage, Cheese Stick, Fruit, Milk/Juice
Lunch: Rib Patty, Fries, Fruit, Veggie, Salad Bar, Milk
BOYS BB PRACTICE: 4-6PM - GYM
Elementary Girls BB Practice (Grades 3-6) 6:30-8PM - GYM
MUDECAS BB Tournament - Sterling Girls vs. BDS @ BMS - 7PM
- Brackets on back - Bus leaves @ 4:45PM

Tuesday
January 13

Breakfast: Tornado, Ham, Yogurt, Fruit, Milk/Juice
Lunch: Cheesy Chicken & Broccoli, Fruit, Veggie, Salad Bar, Milk
SCC Accuplacer Test from 8:30-11AM
GIRLS BB PRACTICE: 4-6PM - GYM
Elementary Boys BB Practice (Grades 3-6) 6:30-8PM - GYM
MUDECAS BB Tournament - Sterling Boys vs. Parkview Christian @ BMS - 7PM
- Brackets on back - Bus leaves @ 5:15PM

Wednesday
January 14
6-12 EARLY OUT
@ 1:37PM

NO PRESCHOOL/PRE-KINDERGARTEN - NO ELEMENTARY (K-5)

Breakfast: Donut, Sausage, Egg, Fruit, Milk/Juice
Lunch: Nachos, Fruit, Veggie, Salad Bar, Milk
FFA Meeting - 7:15AM
SOAR - 2nd period - AP Groups
B103 Quiz Bowl @ 8:30AM
BOYS BB PRACTICE: 4-6PM - GYM
GIRLS BB PRACTICE: 4-6PM - CB

Thursday
January 15

Breakfast: Oatmeal, Egg, Yogurt, Fruit, Milk/Juice
Lunch: Chicken Noodle, Roll, Fruit, Veggie, Salad Bar, Milk
SOAR - 1st period - Excellence Rally - 8:15AM
Sterling Spelling Bee (Grades 4-8) 10:30AM
MUDECAS BB Tournament - TBD - Brackets on back
Elementary Girls BB Practice (Grades 3-6) 6:30-8PM - CB
Elementary Boys BB Practice (Grades 3-6) 6:30-8PM - GYM

Friday
January 16

Breakfast: Muffin, Scrambled Eggs, Yogurt, Fruit, Milk/Juice
Lunch: Hoagie, Chips, Fruit, Veggie, Salad Bar, Milk
SOAR - 7th period
BOYS BB PRACTICE: 4-6PM - GYM
MUDECAS BB Tournament - Sterling Girls vs. TBD - Brackets on back

Saturday
January 17

MUDECAS BB Tournament - Sterling Boys vs. TBD - Brackets on back
Raymond-Central Players Speech Snowpocalypse (Leave time TBD, but early)

*This institution is an equal opportunity provider. *Menu is subject to change without notice.

www.sterlingjets.org [Facebook](#)

 **MORE INFO ON BACK** 

MISTAKES HELP US LEARN...

When students make mistakes and keep going, they're showing **RESPONSIBILITY** and **PERSERVERANCE**.
Remind your child that mistakes are part of learning—and every Jet gets stronger by sticking with it!

DETENTION ROOM: MR. LOGSTON

2026 MUDECAS Basketball Tournament

January 12 ,15 and 16, 2026

Girls

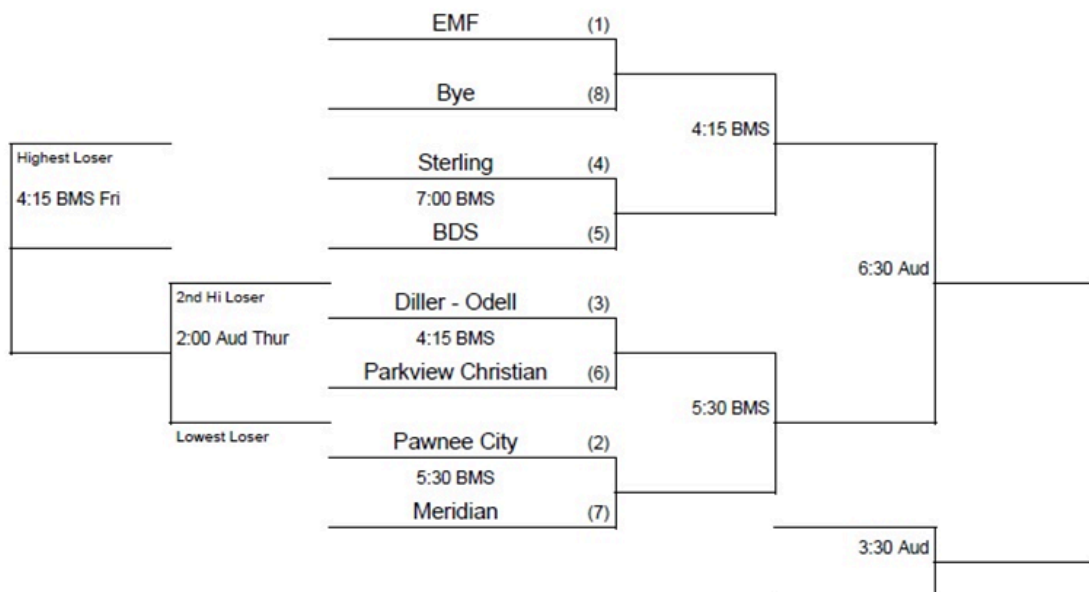
Friday

Monday

Thursday

Friday

B Division



2026 MUDECAS Basketball Tournament

January 13 ,15 and 17, 2026

Boys

Saturday

Tuesday

Thursday

Saturday

B Division

