

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: January 10-17, 2026

**Saturday** JH GBB Open Gym from 10-11:30AM - TBA

**January 10**

**JH GBB Extended Practices**

**@ CB until 4:15PM**

**Jan 20**

**Sunday** SYA Meeting - 6PM - School Cafeteria

**January 11**

**Monday** Breakfast: Waffle Sticks, Sausage, Cheese Stick, Fruit, Milk/Juice

**January 12** Lunch: Rib Patty, Fries, Fruit, Veggie, Salad Bar, Milk

BOYS BB PRACTICE: 4-6PM - GYM

Elementary Girls BB Practice (Grades 3-6) 6:30-8PM - GYM

MUDECAS BB Tournament - Sterling Girls vs. BDS @ BMS - 7PM

- Brackets on back - Bus leaves @ 4:45PM

**Tuesday** Breakfast: Tornado, Ham, Yogurt, Fruit, Milk/Juice

**January 13** Lunch: Cheesy Chicken & Broccoli, Fruit, Veggie, Salad Bar, Milk

SCC Accuplacer Test from 8:30-11AM

GIRLS BB PRACTICE: 4-6PM - GYM

Elementary Boys BB Practice (Grades 3-6) 6:30-8PM - GYM

MUDECAS BB Tournament - Sterling Boys vs. Parkview Christian @ BMS - 7PM

- Brackets on back - Bus leaves @ 5:15PM

**Wednesday** **NO PRESCHOOL/PRE-KINDERGARTEN - NO ELEMENTARY (K-5)**

**January 14** Breakfast: Donut, Sausage, Egg, Fruit, Milk/Juice

**6-12 EARLY OUT** Lunch: Nachos, Fruit, Veggie, Salad Bar, Milk

**@ 1:37PM** FFA Meeting - 7:15AM

SOAR - 2nd period - AP Groups

B103 Quiz Bowl @ 8:30AM

BOYS BB PRACTICE: 4-6PM - GYM

GIRLS BB PRACTICE: 4-6PM - CB

**Thursday** Breakfast: Oatmeal, Egg, Yogurt, Fruit, Milk/Juice

**January 15** Lunch: Chicken Noodle, Roll, Fruit, Veggie, Salad Bar, Milk

SOAR - 1st period - Excellence Rally - 8:15AM

Sterling Spelling Bee (Grades 4-8) 10:30AM

MUDECAS BB Tournament - TBD - Brackets on back

Elementary Girls BB Practice (Grades 3-6) 6:30-8PM - CB

Elementary Boys BB Practice (Grades 3-6) 6:30-8PM - GYM

**Friday** Breakfast: Muffin, Scrambled Eggs, Yogurt, Fruit, Milk/Juice

**January 16** Lunch: Hoagie, Chips, Fruit, Veggie, Salad Bar, Milk

SOAR - 7th period

BOYS BB PRACTICE: 4-6PM - GYM

MUDECAS BB Tournament - Sterling Girls vs. TBD - Brackets on back

**Saturday** MUDECAS BB Tournament - Sterling Boys vs. TBD - Brackets on back

**January 17** Raymond-Central Players Speech Snowpocalypse (Leave time TBD, but early)

\*This institution is an equal opportunity provider. \*Menu is subject to change without notice.

[www.sterlingjets.org](http://www.sterlingjets.org) [Facebook](#)

 **MORE INFO ON BACK** 

**MISTAKES HELP US LEARN...**

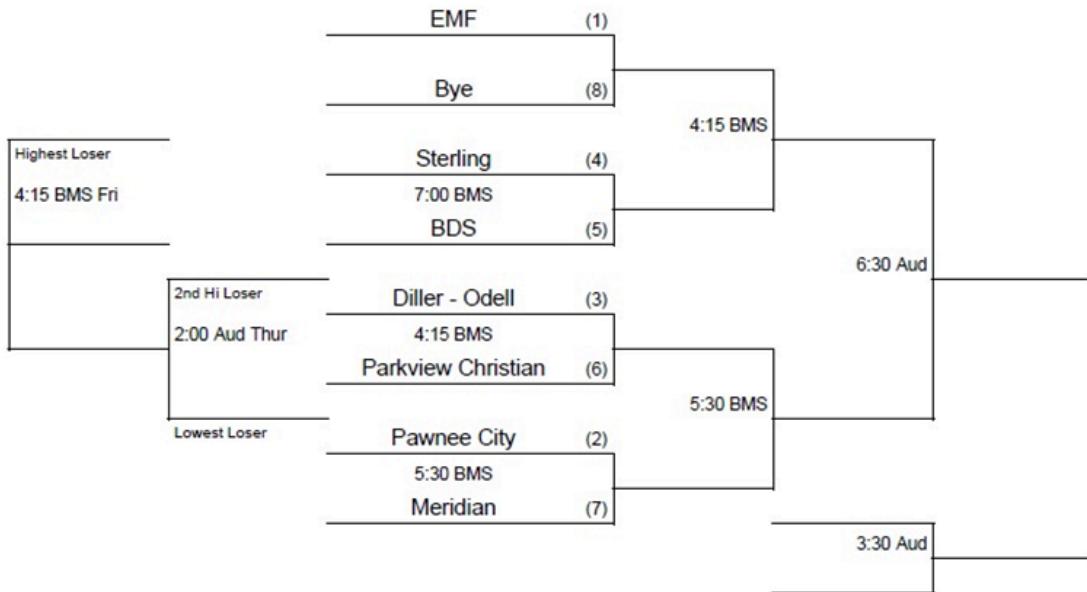
When students make mistakes and keep going, they're showing **RESPONSIBILITY** and **PERSERVERANCE**. Remind your child that mistakes are part of learning—and every Jet gets stronger by sticking with it!

**DETENTION ROOM: MR. LOGSTON****2026 MUDECAS Basketball Tournament**

January 12, 15 and 16, 2026

**Girls**

Friday      Monday      Thursday      Friday

**B Division****2026 MUDECAS Basketball Tournament**

January 13, 15 and 17, 2026

**Boys**

Saturday      Tuesday      Thursday      Saturday

**B Division**